



FALL STRETCH, MOVEMENT & DANCE

FITNESS CLASS

MONDAY
NOV. 6
11 a.m. - 1 p.m.

Harvest Moon Ball swing dance champion Margaret Batiuchok shares her favorite stretches and exercises, then learn jazz dance moves to music! It's fitness and fun all in one! Bring a towel and water bottle.

REGISTER NOW!
CALL THE RETIREE DIVISION
212.226.5800



**CUNY SCHOOL OF LABOR
AND URBAN STUDIES**
25 W. 43rd St., 19th Floor
Manhattan